



Paul's Story

Paul's mum & dad separated three years ago. Paul now lives with his mum and her new partner, who has two children.

It used to just be me and my mum & dad. It was horrible when my dad moved out, but I did get used to it. Then, my mum's new partner moved in with his two daughters. I hate it. I get really angry, especially when the house is really busy. I don't like living with my mum's partner as it makes me miss my dad more.

We have started to have family times, for us to talk about things, but I'm not sure it's helping.

familymediation